

# Bodmin Neighbourhood Police Team

## Newsletter

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& PCSO's

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### Do you know the signs of county lines?

Signs that a child or vulnerable person is being exploited for county lines:

- Has a child or young person gone missing from school or home?
- Are they meeting with unfamiliar or suspicious people?
- Is there a change in their behaviour or change in their emotional wellbeing?
- Are they using drugs and alcohol?
- Have they acquired money or expensive gifts they can't account for?
- Do they have multiple mobile phones or tablets or SIM cards?

Signs that a property is being used for cuckooing include:

- More people going in and out – often at unsocial hours
- An increase in cars and bikes outside
- Signs of drug use nearby
- Secure doors wedged open
- The occupant of the property not being seen for a while

If you see or hear something you think might be linked to county lines you can either:

- Report your concerns direct to us via our non-emergency channels
- Or you can call Crimestoppers on 0800 555 111 to make a report anonymously.

County lines drug gangs use children and vulnerable adults to carry drugs and money across the country. Sometimes a drug dealer will befriend a vulnerable person, who lives on their own, and will then move in and take over their home turning it into a drugs den. This is called "cuckooing". Victims are often threatened with violence to make sure they comply. Help us to stop drugs gangs and protect vulnerable victims.



Sexting is the term used for the sending or receiving of sexual, naked or semi-naked images or videos which can be taken by a young person of themselves or by others.

It's important to understand that not all teenagers are doing it, even if that's what they tell their friends. Don't be talked into doing something you don't want to do. When you press send, you lose control. If it's gone wrong for you, speak to an adult you trust.

Advice for parents, guardians and young people: [dc.police.uk/sexting-advice/](http://dc.police.uk/sexting-advice/) [dc.police.uk/sexting-youth/](http://dc.police.uk/sexting-youth/)

Parents should talk to their children about sexting, but if it has happened:

- Stay calm and support your child
- Take the device; don't screenshot, don't forward on
- Speak to your child's school, they can help

Sexting is illegal – even when the person who took the photo is the one who sent it (a selfie) - but the police will always help young people and safeguard them in the first instance as it is a primary concern to avoid criminalising young people where it is not appropriate.



Devon & Cornwall Police

## Meet your neighbourhood policing team:

Sector Inspector: Regie Butler-Card  
Neighbourhood Team Leader:  
Sergeant Sue Honeywill  
Beat Manager: PC Dudley Rowe  
Beat Manager: PC Andy Currie  
PCSO Thomas Cornwell  
PCSO Jowan Annear

## Your local police station:

Bodmin Police Station  
Tollgate Road  
Bodmin  
PL31 2FJ  
Opening hours: Monday to Saturday  
8am to 1:15pm - 2pm to 6pm  
General enquiries: Tel; 101

Hello, I am Regie Butler-Card, sector Inspector for Bodmin & Wadebridge.

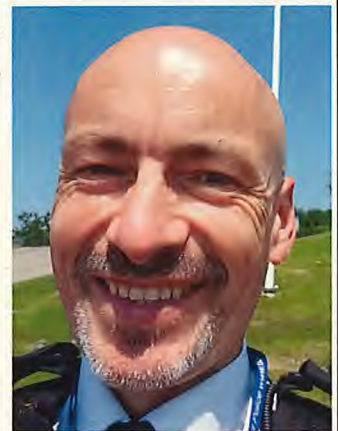
I have been a Police officer for over 25 years, during me service I have worked in a number of locations including Torbay, Newquay, Truro & St Austell, and I have worked a number of different roles, including patrol, neighbourhood, custody, pro-active units, and health & wellbeing.

Because of the Covid pandemic we had to undergo a significant restructure of our leadership teams across the force, this has meant I have been temporarily promoted to Inspector and given this role. I hope that in the future the promotion is confirmed and I remain in this role.

I am extremely passionate about Policing and working with partners and our communities to identify the issues that matter to you and where able dealing with them effectively & fairly.

We have a fantastic Policing team in this area and with the focus on the mission I have set out for them I believe you will have the best Police service possible and will be proud of them.

I look forward to working with you. Regards, Regie



### PCSO Tom Cornwell

Hello Bodmin! I am one of your new Police Community Support Officers for the Bodmin area having previously served in Saltash for 10 years.

I am very excited about taking on this new challenge and I am keen to engage with my new community.

The people I have met so far have been warm and welcoming and I hope this will continue.

My role is vary varied, however my core responsibility is providing a visible presence in the community and therefore you will see me regularly walking or cycling the beat. Please stop me and have a chat!



### PCSO Jowan Annear

I have been a PCSO for just over 3 years, having worked in Camelford prior to moving to Bodmin. I am keen for the challenges that moving to a new community

brings and I'm looking forward to getting stuck in and tackling issues in Bodmin. If you see me out and about, please say hi, and I will hopefully become a familiar and reassuring face to you all. If you'd like to get in touch, you can contact myself or any member of Bodmin Neighbourhood Team via the Devon and Cornwall Police website.



### **Make Yourself Heard In danger, need the police, but can't speak?**

1. **Dial 999**
2. **Listen** to the questions from the 999 operator
3. **Respond** by coughing or tapping the handset if you can
4. If prompted, **press 55** This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police

The system is well-established in the UK but is only effective if the public know and understand how it works. It could, in extreme situations, potentially save a life

It is not true that police will automatically attend if you make a silent 999 call. Callers need to listen and respond to questions and instructions, including by coughing or tapping the handset if possible, or if using a mobile phone, once prompted by the automated Silent Solution system, pressing 55.

The system filters out thousands of accidental or hoax silent 999 calls made daily. Around 50 emergency calls from mobiles a day are transferred by a BT operator to police forces in the UK as a result of someone having pressed 55 when prompted, enabling the police to carry out urgent enquiries to respond

It is always best to actually speak to a police call handler if you can, even if by whispering, but if you are putting yourself or someone else in danger by making a sound, there is something you can do.

Make yourself heard by coughing, tapping the handset or once prompted by the automated system, by pressing 55.

### **Software Updates... Why are they important?**

As your shiny new gadget ages, so does the software running on it. To ensure that devices run smoothly for as long as possible, manufacturers issue regular software updates, also known as 'patches', that add new features, improve performance and fix annoying bugs. However, the most important function of software updates is to fix vulnerabilities that compromise the security of your device.

### **Using outdated software? You're leaving the door open for cyber criminals**

Cyber criminals use weaknesses in software and apps to attack your devices and steal your identity. Software and app updates are designed to fix these weaknesses and installing them as soon as possible will keep your devices secure. The few minutes it takes to download and install updates could save you a significant amount of time and trouble in the long run, reducing the risk of you falling victim to identity theft.

### **Staying up to date is easier than you think.**

Software and app updates don't have to get in the way of what you're doing. You can choose to install them overnight when your device is plugged in to recharge, or set your mobile or tablet to automatically update when you are connected to Wi-Fi. Information can easily be found about how to install these updates from Apple, Microsoft and Google, so check your devices now!

**The driver of this vehicle was arrested in Bodmin** having failed a roadside breath test. Remember...sleep, drinking coffee, taking a shower, eating a 'Full English': these things do NOT eliminate alcohol from your system. Only time does that: 1 hour per unit + 1 hour from last drink. Think before you drive the

[#MorningAfter](#) [#NoExcuse](#) [#dontdrinkanddrive](#)



## Contact us:

Non-emergency number 101 email: [101@devonandcornwall.ppn.police.uk](mailto:101@devonandcornwall.ppn.police.uk)

If you are Deaf, hard of hearing or speech impaired, you can textphone us on 18001 101 or sms/text 67101.

[www.devon-cornwall.police.uk](http://www.devon-cornwall.police.uk)

Emergency number 999

If you are Deaf, hard of hearing or speech impaired, you can 18000

Emergency—Minicom, Textphone number


999 Emergency—SMS / Text number


Sign up for crime alerts and prevention advice in your area  
Find out more and register for FREE: [alerts.dc.police.uk](http://alerts.dc.police.uk)



Ask us. Tell us. Be in the know.



 @DCPCitizensinPolicing

 @DCPolVolunteers

For more information on Careers with D&C Police visit:

[www.dc.police.uk](http://www.dc.police.uk)

For Special Constabulary recruitment visit:

[www.dc.police.uk/specials](http://www.dc.police.uk/specials)

For Volunteering opportunities visit:

[www.dc.police.uk/volunteerroles](http://www.dc.police.uk/volunteerroles)

Crime stoppers Tel: 0800 555 111



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